



Jo Cochrane
Partner
Mobile: +44 7909 546067
E Mail: jcochrane@agmtransitions.com
Website: www.agmtransitions.com

Summary

- An accredited executive coach with particular interest in career transition, change management during implementation of commercial strategy and female talent progression
- An experienced commercial HR Director used to working with an international remit to help organisations meet their business strategy through their people agenda
- Sectoral focus of financial, legal and professional services, working for organisations such as Allen & Overy LLP, Macquarie and Arthur Andersen
- Significant experience of working confidentially at all levels of a business from graduate to Board and ExCom level

Recent career

- Allen & Overy LLP - Head of HR responsible for strategic HR for the global Banking and Tax legal practices and for the global gender diversity agenda
- Macquarie - Associate Director EMEA responsible for delivering the people agenda during substantial growth and change management requirements in the investment bank including significant asset M&A activity
- Sheppard Robson – HR Director responsible for strategic and operational HR delivery

Qualifications

- Certified Business Coach, Worldwide Association of Business Coaches (WABC)
- Fellow, Chartered Institute of Personnel & Development (FCIPD)

Key areas of expertise

- Advising on career and leadership development with individual leaders and teams in multiple geographies
- Confidential adviser to senior executives particularly in the context of change
- Effective communication and leadership across cultures and locations
- People dimension of mergers & acquisitions, business restructuring and establishment of international offices (across EMEA and Australia) plus the change management required for success
- Succession planning and talent management including gender diversity initiatives
- Design and delivery of global executive/partner review, promotion and progression processes

Personal information

- Postgraduate (Personnel Development) of Kingston University
- British national who has lived and worked in Australia and the UK
- Wife to one, mother to two and friend to many